Feelings and Emotions Picture Books

Updated 06/2014
Our Parenting section has stories dealing with Behavior, Bullying, and Death

Nonfiction books about Feelings for Preschool to Grade K
152.4 Al  Feelings
152.4 Ni  Sad Is…
152.42 Mi  Happy Is…
152.46 Ni  Scared Is…
152.47 Ni  Angry Is…

Stories about Feelings and Emotions for Preschool to Grade K
P Anholt  What Makes Me Happy?
P Baer  Words Are Like Faces
P Browne  How Do You Feel?
P Cain  The Way I Feel
P Curtis  Today I Feel Silly & Other Moods That Make My Day
P Dunbar  Flyaway Katie (colors beating the blues)
P Elliott  The Elephant Who Was Scared
            The Hippo Who Was Happy
            The Tiger Who Was Angry
            The Zebra Who Was Sad
P Emberley  Glad Monster, Sad Monster
P Harris  When Lions Roar (fear)
P Hobbie  Toot and Puddle: You Are My Sunshine
P Hodgkinson  Smile!
P Hooks  Grump, Groan, Growl
P Hout  Happy
P Joosse  Love is a Good Thing to Feel
P Light (POP-UP)  I am Happy
P McBratney  I Love It When You Smile
P Murphy  Some Things Change
P Palatini  Goldie is Mad
P Parr  The Feelings Book
P Pete  Pete the Cat and His Magic Sunglasses
P Seuss  My Many Colored Days
P Spelman  When I Care About Others
            When I Feel Good About Myself
            When I Feel Jealous
            When I Feel Sad
            When I Feel Scared
            When I Miss You

Upper Arlington Public Library/2800 Tremont Road/Upper Arlington, Ohio 43221/614-486-9621
Stories about Feelings and Emotions for Preschool to Grade K continued…
P Spinelli  When You Are Happy
P Tankard  Grumpy Bird
P Urban  Mouse Was Mad
P Vail  Sometimes I’m Bombaloo
P Williams  That’s Love

Nonfiction books about Feelings for Preschool to Grade K
152.4 Gr  I’m Not Happy!
152.46 Gr  Who Feels Scared?
152.46 Gr  But, What If? (worrying)
152.46 Gr  Take a Deep Breath (fear)
152.47 Gr  I Hate Everything! (anger in not getting way)
177.3 Gr  I Didn’t Do it! (honesty)

Stories About Feeling and Emotions for Grade K and up
P Harper  Lizzy’s Ups and Downs: Not an Ordinary School Day
P Hausman (ABC)  A to Z: Do you Ever Feel like Me?
P Klise  Why Do You Cry? : Not a Sob Story
P Krosoczka  My Buddy Slug
P Lester  Hurty Feelings
P Levis  Stuck With the Blooz (sadness)
P Lichtenheld  What Are You So Grumpy About?
P Lyon  No Dessert Forever! (anger)
P Martin  Rachel Parker, Kindergarten Show-off (jealousy)
P Portis  Kindergarten Diary (range of emotions)
J Rosen  Michael Rosen’s Sad Book
P Zolotow  The Quarreling Book